



**KB03006**  
**Polyphenol Quantification**  
**Assay Kit**  
**(Folin Ciocalteu Method)**

**96 well plate**  
**100/200/400 tests**

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## 1. General information

### PRECAUTIONS

Please read this manual carefully before beginning the assay.

This product is designed for **research use only**. It is not approved for human or animal use or clinical diagnosis. All chemicals should be handled with care and in accordance with laboratory safety practices. It is recommended to use basic Personal Protective Equipment.

Do not use after the expiration date stated on the packaging.

Do not mix or substitute reagents or materials from other kit batches or vendors.

For the **material safety data sheet** (MSDS) please contact us at [info@bioquochem.com](mailto:info@bioquochem.com)

### TECHNICAL RECOMMENDATIONS

Store reagents as indicated in **Materials and storage** section.

Be sure to keep the bottle capped when not in use.

Let the components reach room temperature (RT) before use.

Immediately before use, gently invert and rotate reagent bottles several times to mix the contents thoroughly.

Avoid foaming or bubbles when mixing or reconstituting components.

Avoid cross contamination of samples or reagents by changing pipette tips between sample, standard and reagent additions.

Be sure to use the optimal microplate for the assay. Flat bottom transparent microplates for UV/VIS applications, and black microplates for fluorescence measurements.

## 2. Technical specifications

### Available sizes

100/200/400 tests

### Required sample volume

20 µL/test

### Compatible samples

Fruits, vegetables, beverages, herbs and plant samples

### Type of detection

Colorimetric (700 nm)

### 3. Materials and storage

#### MATERIALS SUPPLIED

| Item                           | No. Tests | Units | Storage |
|--------------------------------|-----------|-------|---------|
| Reagent A                      | 100       | 1     | RT      |
|                                | 200       | 2     |         |
|                                | 400       | 4     |         |
| Reagent B                      | 100       | 1     | RT      |
|                                | 200       | 1     |         |
|                                | 400       | 2     |         |
| Reagent C                      | 100       | 1     | RT      |
|                                | 200       | 1     |         |
|                                | 400       | 1     |         |
| Standard                       | 100       | 1     | RT      |
|                                | 200       | 2     |         |
|                                | 400       | 4     |         |
| Transparent 96-Well Microplate | 100       | 1     | RT      |
|                                | 200       | 2     |         |
|                                | 400       | 4     |         |

#### MATERIALS NEEDED BUT NOT SUPPLIED

- Double distilled water (ddH<sub>2</sub>O) as Milli-Q Ultrapure Water
- Labware materials (micropipettes, tubes, stirring/mixing equipment)
- Colorimetric microplate reader – equipped with filter for OD 700 nm

#### STORAGE CONDITIONS

On receipt, store kit components as indicated above. Under these conditions, the reagents are stable in the original packaging until the expiration date indicated on the outside of the box. After reconstitution, standard solutions are unstable in the presence of oxygen. Prepare a fresh set of standards for every use.

## 4. Introduction

Polyphenols are naturally occurring compounds largely found in fruits, vegetables, nuts, seeds, flowers, bark cereals and beverages.

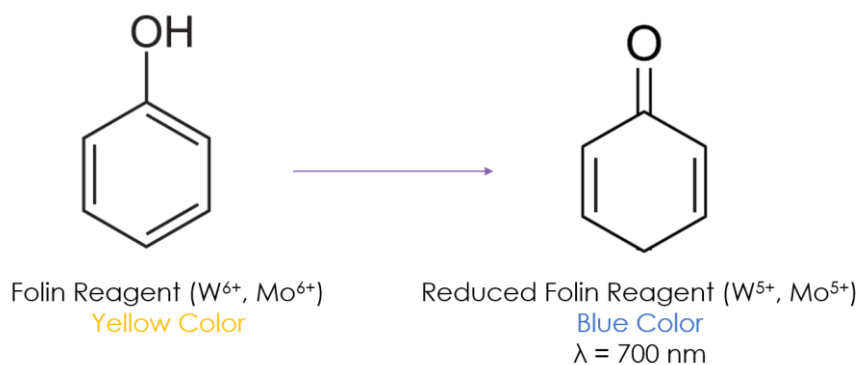
Polyphenols have attracted great interest due to growing evidence of their beneficial effect on human health. They have been reported to exhibit anti-carcinogenic, anti-atherogenic, anti-ulcer, anti-thrombotic, anti-inflammatory, immune modulating, anti-microbial, vasodilatory, and analgesic effects. Polyphenols are also highly demanded compounds for the food industry as natural additives due to their antioxidant, antimicrobial, and anti-inflammatory potential.

**BQC Polyphenol Quantification Assay Kit (Folin Ciocalteu Method) is a quick, easy, and reproducible assay to quantify phenolic compounds in a wide variety of samples.**

## 5. Assay principle

This Phenolic Quantification Assay Kit is based on the Folin Ciocalteu (FC) method. In this method, the Folin Ciocalteu Reagent (FCR) oxidizes phenolic compounds to phenolates at alkaline pH resulting in the formation of a blue colored molybdenum-tungsten complex. The reduced FCR can be spectrophotometrically detected in the range of 690 to 710 nm with a maximum of absorbance at 700 nm. Absorbance measured at 700 nm is directly proportional to the concentration of the phenolic compounds.

Generally, Gallic Acid (GA) is used as the reference standard compound for the Folin Ciocalteu assay, and the results are expressed as Gallic Acid Equivalents (GAE).



*Principle of the Polyphenol Quantification Assay Kit*

## 6. Assay preparation

### REAGENT PREPARATION

All assay reagents not listed below are ready to use as supplied.

**R.A. Working Solution:** Dilute Reagent A 1:10 with ddH<sub>2</sub>O in a vial (e.g., 1 mL of Reagent A with 9 mL of ddH<sub>2</sub>O) and mix thoroughly.

**Standard Solution (Gallic Acid):** Add 1.5 mL of Reagent C to the Standard vial and mix well. Dilute this standard solution 1:10 with Reagent C (e.g. 100 µL of standard solution with 900 µL of Reagent C). Use this diluted solution to prepare the standard curve.

### STANDARD CALIBRATION

Prepare Gallic Acid (GA) standards for the calibration curve from the 1:10 diluted standard solution according to the following Table. Prepare the standards immediately prior to each assay. Vortex tubes thoroughly. Discard standard solutions after use.

| Standard                 | Standard Solution<br>1:10 diluted (µL) | Reagent C (µL) | *GAE (µg GA/mL) |
|--------------------------|--|----------------|-----------------|
| Std 1<br>(Reagent Blank) | 0                                      | 200            | 0               |
| Std 2                    | 5                                      | 195            | 2.5             |
| Std 3                    | 10                                     | 190            | 5               |
| Std 4                    | 20                                     | 180            | 10              |
| Std 5                    | 50                                     | 150            | 25              |
| Std 6                    | 100                                    | 100            | 50              |

\*Antioxidant activity is expressed as Gallic Acid Equivalents (GAE)

## PLATE SET UP

**BQC recommends running the standards and samples at least in duplicate (triplicate recommended).** There is no specific pattern for using the wells on the plate. A proposed layout of standards (Std) and samples (S) to be measured in duplicate is shown below.

**NOTE:** If sample blanks are included in the assay, it is necessary to reserve some wells of the plate for these blanks

|   | 1     | 2     | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  |
|---|-------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A | Std 1 | Std 1 | S3  | S3  | S11 | S11 | S19 | S19 | S27 | S27 | S35 | S35 |
| B | Std 2 | Std 2 | S4  | S4  | S12 | S12 | S20 | S20 | S28 | S28 | S36 | S36 |
| C | Std 3 | Std 3 | S5  | S5  | S13 | S13 | S21 | S21 | S29 | S29 | S37 | S37 |
| D | Std 4 | Std 4 | S6  | S6  | S14 | S14 | S22 | S22 | S30 | S30 | S38 | S38 |
| E | Std 5 | Std 5 | S7  | S7  | S15 | S15 | S23 | S23 | S31 | S31 | S39 | S39 |
| F | Std 6 | Std 6 | S8  | S8  | S16 | S16 | S24 | S24 | S32 | S32 | S40 | S40 |
| G | S1    | S1    | S9  | S9  | S17 | S17 | S25 | S25 | S33 | S33 | S41 | S41 |
| H | S2    | S2    | S10 | S10 | S18 | S18 | S26 | S26 | S34 | S34 | S42 | S42 |

*Example of plate layout for the Polyphenol Quantification Assay Kit*



## 7. Sample preparation

**The following sample preparation protocols are intended as a guide only. The optimal conditions for sample preparation must be determined by the end user.** It is recommended to use fresh samples. If it is not possible, aliquot and store samples appropriately with minimal freeze/thawing.

**Polyphenol Quantification Assay Kit can be used to determine phenolic content in a wide variety of samples like fruits, vegetables, plants, herbs, and beverages.**

**Food and beverages.** Fruit juices and other beverages such as wine, tea, and coffee can be directly measured with appropriate dilutions. If it is required, clarify the sample through filtration prior performing the assay. Ensure that the selected filter is appropriate for filtering your samples, avoiding polyphenols retention.

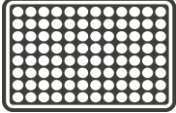




For the analysis of other samples like **fruits, vegetables, and plants** an extraction step is usually required. The extraction method varies based upon the sample type. The most common extraction solvents include acid/methanol, acid/ethanol, or acetone.

Reagents and materials required for sample preparation are not supplied with the kit. Before doing sample preparation, consider the volume of sample required per test; see **Technical specifications** section.

Make sure that interfering substances present in the sample do not give a significant background. Run proper blanks as necessary (e.g. sample blank should be always evaluated when working with highly colored samples). It is recommended to assay different sample dilutions to ensure the values fall within the standard curve.

## 8. Assay protocol

Prepare and mix all reagents thoroughly before use. Each standard, sample or blank should be assayed at least in duplicate.

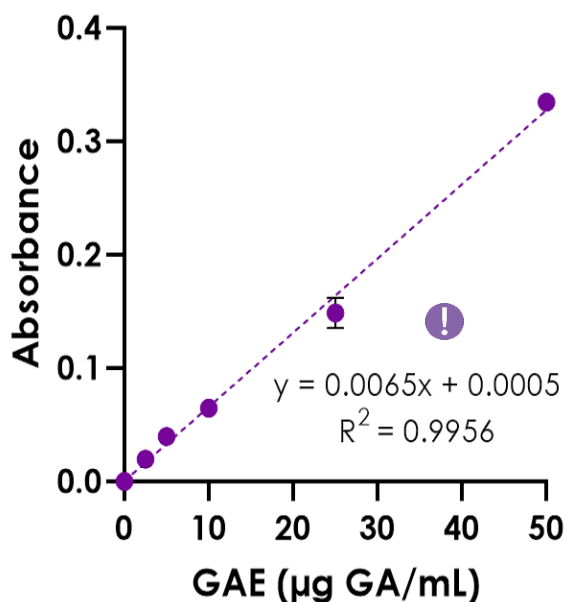
-  Set up the plate design
-  Add **20 µL** of **standard** or **sample** in each well
-  Add **100 µL** of **R.A. Working Solution** in all wells
-  Add **80 µL** of **Reagent B** in all wells
-  Read the **absorbance** of all wells at **700 nm** in end point mode at **RT**

If you need to **adapt this kit** for another form of the assay (for example cuvette), **contact us at [info@bioquochem.com](mailto:info@bioquochem.com)**

## 9. Data analysis

### ANALYSIS OF THE STANDARDS

- Calculate the average absorbance of the standards.
- Subtract the average absorbance of the reagent blank (Std 1) from the average absorbance of the standards to obtain the blank-corrected absorbance of the standards.
- Create a standard curve by plotting the blank-corrected absorbance of the standards as a function of the standard concentration (see **STANDARD CALIBRATION** section). A typical standard curve ( $y = \text{slope} \cdot x \pm \text{intercept}$ ) for this assay is shown below.



*GA standard curve with Polyphenol Quantification Assay Kit*

- ⚠ This standard curve is an example of the data typically obtained with this kit. **DO NOT USE** this standard curve to calculate the phenolic content of your samples. A new standard curve must be performed by the end user.

## ANALYSIS OF THE SAMPLES

- Calculate the average absorbance of the samples.
- Subtract the average absorbance of the reagent blank (Std 1) from the average absorbance of each sample to obtain the blank-corrected absorbance of the samples ( $A_s$ ).
- Calculate the GAE value of the samples using the following equation. Slope and intercept values are obtained from the standard curve.

$$\text{GAE } (\mu\text{g GA/mL}) = \left( \frac{A_s - \text{intercept}}{\text{slope}} \right)$$

When working with diluted samples the phenolic concentration (GAE values) obtained must be multiplied by the dilution factor to obtain the GAE value of the undiluted sample.

## 10. Troubleshooting

This troubleshooting table provides potential sources and solutions for common problems observed with BQC Assay Kits. **The problems listed below could occur when using any BQC Assay Kit.** They are not specific for this assay kit.

| Problem  | Possible Cause                               | Recommended Solution   |
|--|--|--|
| Wells have color but there is no reading         | Plate read at incorrect wavelength           | Check the wavelength used in the assay   |
|  | Incorrect microplate                         | Use the correct microplate for your application<br>UV/Vis: transparent<br>Fluorescence: black wells/transparent bottom |
| Standard readings do not follow a linear pattern | Pipetting errors in preparation of standards | Avoid pipetting small volumes (<5 µL)<br>Be careful not to splash from well to well                                    |
|  | Air bubbles formed in well(s)                | Use reverse pipetting technique  |
|  | Standard stock is at incorrect concentration | Always refer to dilutions described in <b>Assay</b> preparation  |
|  | Improperly thawed reagents                   | Thaw all components completely and mix well before use   |
|  | Use of improperly stored reagents            | Store the components appropriately<br>Use fresh components from the standard curve                                     |
|  | Incorrect incubation times or temperatures   | Refer to <b>Assay protocol</b>   |
| Dispersion of standard and sample readings       | Pipetting errors                             | Avoid pipetting small volumes (<5 µL)<br>Be careful not to splash from well to well                                    |
|  | Air bubbles formed in well(s)                | Use reverse pipetting technique  |

| Problem   | Possible Cause  | Recommended Solution                               |
|---|---|--|
| Sample erratic values                           | Samples contain interfering substances  | Dilute sample further (if possible)                |
|   | Inappropriately stored samples or samples used after multiple freeze-thaw cycles      | Use fresh samples or store appropriately until use |
|   | Samples not deproteinized   | Use an appropriate deproteinization protocol       |
|   | Cells/Tissue samples not homogenized completely                                       | Repeat the sample homogenization                   |
|   | Inappropriate sample dilution buffer  | Refer to <b>Assay</b> preparation                  |
| Sample reading fall outside the detection range | Samples are too diluted/concentrated<br>No analyte/activity is observed in the sample | Re-assay using different sample dilutions          |

## STILL HAVING PROBLEMS?

Contact BQC if you have any further questions, our team will be pleased to help you:



Phone

+ 34 985 26 92 92



E-mail

[info@bioquochem.com](mailto:info@bioquochem.com)


Business hours

 Monday-Thursday: 8.30 to 17.00 (CEST)  
 Friday: 8.00 to 15.00 (CEST)

## 11. Additional information

**BQC Polyphenol Quantification Assay Kit** is a quick (< 15 minutes) and precise (RSD< 15%) assay for determining phenolic compounds in a wide variety of samples.

Non-phenolic reducing substances such as ascorbic acid, sugars (fructose and sucrose) or sulfites have been reported to interfere with this assay.

If unexpected results are obtained running your samples, please contact us at [info@bioquochem.com](mailto:info@bioquochem.com)

## 12. Related products

More products available on [bioquochem.com](http://bioquochem.com)

| Reference | Product                             |
|-----------|-------------------------------------|
| KB03015   | Anthocyanins Assay Kit              |
| KB03017   | Proanthocyanins Assay Kit           |
| KF01001   | DMPD Antioxidant Capacity Assay Kit |

## 13. Warranties and limitation of liability

BQC shall not in any event be liable for incidental, consequential or special damages of any kind resulting from any use or failure of the products, even if BQC has been advised of the possibility of such damage including, without limitation, liability for loss of use, loss of work in progress, downtime, loss of revenue or profits, failure to realize savings, loss of products of buyer or other use or any liability of buyer to a third party on account of such loss, or for any labor or any other expense, damage or loss occasioned by such product including personal injury or property damage is caused by BQC's gross negligence. Any and all liability of BQC hereunder shall be limited to the amounts paid by the buyer for the product.

Buyer's exclusive remedy and BQC's sole liability hereunder shall be limited to a refund of the purchase price, or the replacement of all material that does not meet our specifications.

Said refund or replacement is conditioned on buyer giving written notice to BQC within 30 days of shipment.

**Expiration date:** 1 year from the date of fabrication. Expiration date is indicated on the outside of the box.

For further details, please refer to our website [bioquochem.com](http://bioquochem.com)





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